

Improving Health in NORTHEAST TEXAS

Bowie County Profile

Bowie County is 885 square miles in size with a population of 93,860 residents. The county seat is New Boston, a community of 4,686.

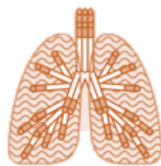
35.4% Rural
70.4% White
24.8% Black
7.5% Hispanic
87.2% Completed High School
18.1% Completed a Bachelor's Degree
\$42,515 Median Household Income
18.6% Households Live at or Below the Poverty Level

2018 County Health Rankings

Health Outcomes	TX	County	201/243
Quality of Life			184/243
Poor Physical Health Days	3.5	3.9	Days
Poor Mental Health Days	3.4	3.8	Days
Low Birth Weight	8%	9%	
Health Behaviors			240/243
Adult Tobacco Use	14%	18%	
Adult Obesity	28%	35%	
Physical Inactivity	24%	33%	
Alcohol Related Driving	28%	23%	
Deaths			
Injury Deaths	55	64	Per 100,000
STI/STD Rate	523.6	547.7	Per 100,000
Teen Births	41	57	Per 1,000
Social & Economic Factors			163/243
High School Graduate	89%	93%	
Children in Poverty	22%	30%	
Children-Single Parent Home	33%	42%	
Social Associations	7.6%	13.5%	
Violent Crime	408	554	Per 100,000
Physical Environment			146/243
Drinking Water Violations		No	
Severe Housing Problems	18%	15%	
Long Commute Alone	37%	13%	

<http://www.countyhealthrankings.org/>

Bowie County Health Facts*



18%

Use Tobacco**



77.0%

Get Annual Exams



88.2%

Are Insured



36.0%
High Blood Pressure

25.8%
Depression

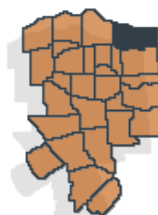
20.3%
Anxiety

Self Reported Diagnosed Conditions

*2016 East Texas Community Health Survey – Produced by UTHSCT

**County Health Rankings

2016 East TX Community Health Survey - Highlights



RHP 1
2,353 Surveys



Bowie County
93 Surveys

Priority Health Issues			
Diabetes	36.1%	Substance Abuse	41.8%
Obesity (Adults)	38.1%	Diabetes	37.6%
Cancer	36.2%	Mental Health	37.6%
High Blood Pressure	35.5%	Obesity (Adults)	34.3%
Substance Abuse	32.2%	Cancer	31.1%

Individuals in Greatest Need			
Low Income Groups	35.8%	Homeless	43.0%
Working Poor	32.4%	Working Poor	41.8%
Un/Underinsured	30.7%	Low Income Groups	40.8%
Persons w/ Mental Illness	30.5%	Persons w/ Mental Illness	34.3%
Homeless	28.9%	Un/Underinsured	31.1%

Services Most Difficult to Access			
Mental Health Counseling	16.2%	Mental Health Counseling	24.6%
Health Insurance	15.7%	Safe Neighborhoods	24.6%
Daycare for Adults	15.2%	Emergency Mental Health	22.6%
Medication Cost Assistance	14.3%	Medication Cost Assistance	22.6%
Alcohol/Drug Counseling & Treatment	14.3%	Health Insurance	21.5%



This fact sheet is supported by funding from The School of Community and Rural Health. For more information or to update the information, please contact **The Center for Rural Community Health** at TheCenter@uthct.edu.