

Improving Health in NORTHEAST TEXAS

Cass County Profile

Cass County is 937 square miles in size with a population of 30,375 residents. The county seat is Linden, a community of 1,973.

75.0% Rural
80.4% White
16.8% Black
4.5% Hispanic
85.5% Completed High School
13.6% Completed a Bachelor's Degree
\$39,274 Median Household Income
20.0% Households Live at or Below the Poverty Level

2018 County Health Rankings

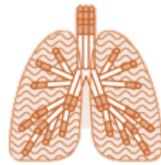
Health Outcomes	TX	County
Quality of Life		185/243
Poor Physical Health Days	3.5	3.7 Days
Poor Mental Health Days	3.4	3.7 Days
Low Birth Weight	8%	8%
Health Behaviors		192/243
Adult Tobacco Use	14%	16%
Adult Obesity	28%	33%
Physical Inactivity	24%	29%
Alcohol Related Driving	28%	25%
Deaths		
Injury Deaths	55	84 Per 100,000
STI/STD Rate	523.6	211.5 Per 100,000
Teen Births	41	50 Per 1,000
Social & Economic Factors		199/243
High School Graduate	89%	95%
Children in Poverty	22%	26%
Children-Single Parent Home	33%	40%
Social Associations	7.6%	16.5%
Violent Crime	408	324 Per 100,000
Physical Environment		220/243
Drinking Water Violations		Yes
Severe Housing Problems	18%	13%
Long Commute Alone	37%	36%

<http://www.countyhealthrankings.org/>



This fact sheet is supported by funding from The School of Community and Rural Health. For more information or to update the information, please contact **The Center for Rural Community Health** at TheCenter@uthct.edu.

Cass County Health Facts*



16%

Use Tobacco**



65.7%

Get Annual Exams



81.7%

Are Insured



34.0%

High Blood Pressure

29.3%

Arthritis

21.3%

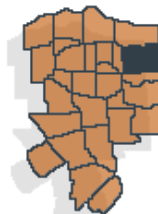
Obesity

Self Reported Diagnosed Conditions

*2016 East Texas Community Health Survey – Produced by UTHSCT

**County Health Rankings

2016 East TX Community Health Survey - Highlights



RHP 1
2,353 Surveys



Cass County
187 Surveys

Priority Health Issues

Diabetes	36.1%	Diabetes	49.7%
Obesity (Adults)	38.1%	Obesity (Adults)	41.7%
Cancer	36.2%	High Blood Pressure	38.5%
High Blood Pressure	35.5%	Cancer	36.8%
Substance Abuse	32.2%	Heart Disease/Stroke	34.2%

Individuals in Greatest Need

Low Income Groups	35.8%	Working Poor	38.5%
Working Poor	32.4%	Un/Underinsured	33.7%
Un/Underinsured	30.7%	Low Income Groups	33.2%
Persons w/ Mental Illness	30.5%	Senior Citizens	36.8%
Homeless	28.9%	Unemployed	34.2%

Services Most Difficult to Access

Mental Health Counseling	16.2%	Daycare for Adults	19.3%
Health Insurance	15.7%	Specialized Medical Care	17.6%
Daycare for Adults	15.2%	Health Insurance	13.9%
Medication Cost Assistance	14.3%	Weight Loss Support	13.9%
Alcohol/Drug Counseling & Treatment	14.3%	Access to Bicycle Trails	13.4%