

# Improving Health in NORTHEAST TEXAS

## Cherokee County Profile

Cherokee County is 1,053 square miles in size with a population of 51,668 residents. The county seat is Rusk, a community of 5,573.

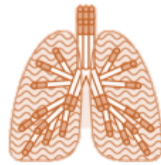
63.0% Rural  
81.0% White  
14.6% Black  
22.8% Hispanic  
78.2% Completed High School  
16.3% Completed a Bachelor's Degree  
\$41,355 Median Household Income  
19.0% Households Live at or Below the Poverty Level

## 2018 County Health Rankings

Health Outcomes	TX	County
		<b>153/243</b>
<b>Quality of Life</b>		<b>140/243</b>
Poor Physical Health Days	3.5	4.0 Days
Poor Mental Health Days	3.4	3.8 Days
Low Birth Weight	8%	7%
<b>Health Behaviors</b>		<b>223/243</b>
Adult Tobacco Use	14%	18%
Adult Obesity	28%	31%
Physical Inactivity	24%	34%
Alcohol Related Driving Deaths	28%	25%
Injury Deaths	55	77 Per 100,000
STI/STD Rate	523.6	501.0 Per 100,000
Teen Births	41	63 Per 1,000
<b>Social &amp; Economic Factors</b>		<b>183/243</b>
High School Graduate	89%	92%
Children in Poverty	22%	28%
Children-Single Parent Home	33%	38%
Social Associations	7.6%	9.6%
Violent Crime	408	426 Per 100,000
<b>Physical Environment</b>		<b>193/243</b>
Drinking Water Violations		Yes
Severe Housing Problems	18%	17%
Long Commute Alone	37%	34%

<http://www.countyhealthrankings.org/>

## Cherokee County Health Facts\*



**18%**

Use Tobacco\*\*



**54.2%**

Get Annual Exams



**72.2%**

Are Insured



**37.5%**

High Blood Pressure

**12.5%**

Obesity

**12.5%**

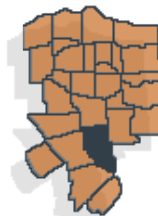
Dental Health

Self Reported Diagnosed Conditions

\*2016 East Texas Community Health Survey – Produced by UTHSCT

\*\*County Health Rankings

## 2016 East TX Community Health Survey - Highlights



**RHP 1**  
2,353 Surveys



**Cherokee County**  
48 Surveys

### Priority Health Issues

Diabetes	36.1%	Diabetes	52.1%
Obesity (Adults)	38.1%	Obesity (Adults)	37.5%
Cancer	36.2%	Mental Health	31.3%
High Blood Pressure	35.5%	Cancer	29.1%
Substance Abuse	32.2%	Aging Problems	25.0%

### Individuals in Greatest Need

Low Income Groups	35.8%	Low Income Groups	37.5%
Working Poor	32.4%	Working Poor	35.3%
Un/Underinsured	30.7%	Persons w/ No Source of Transportation	25.0%
Persons w/ Mental Illness	30.5%	Persons w/ Mental Illness	29.1%
Homeless	28.9%	Unemployed	25.0%

### Services Most Difficult to Access

Mental Health Counseling	16.2%	Dental Care	27.1%
Health Insurance	15.7%	Medication Cost Assistance	25.0%
Daycare for Adults	15.2%	Access to Bicycle Trails	20.8%
Medication Cost Assistance	14.3%	Weight Loss Support	18.8%
Alcohol/Drug Counseling & Treatment	14.3%	Legal Assistance	18.8%



This fact sheet is supported by funding from The School of Community and Rural Health. For more information or to update the information, please contact **The Center for Rural Community Health** at [TheCenter@uthct.edu](mailto:TheCenter@uthct.edu).