

Improving Health in NORTHEAST TEXAS

Delta County Profile

Delta County is 256.8 square miles in size with a population of 5,215 residents. The county seat is Cooper, a community of 1,957.

100% Rural
87.5% White
6.4% Black
6.9% Hispanic
85.5% Completed High School
18.8% Completed a Bachelor's Degree
\$42,846 Median Household Income
18.5% Households Live at or Below the Poverty Level

2018 County Health Rankings

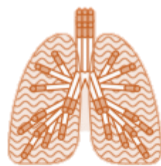
Health Outcomes	TX	County	
		221/243	
Quality of Life		165/243	
Poor Physical Health Days	3.5	3.8	Days
Poor Mental Health Days	3.4	3.8	Days
Low Birth Weight	8%	8%	
Health Behaviors		174/243	
Adult Tobacco Use	14%	17%	
Adult Obesity	28%	29%	
Physical Inactivity	24%	30%	
Alcohol Related Driving	28%	50%	
Deaths			
Injury Deaths	55	111	Per 100,000
STI/STD Rate	523.6	171.8	Per 100,000
Teen Births	41	48	Per 1,000
Social & Economic Factors		91/243	
High School Graduate	89%	96%	
Children in Poverty	22%	28%	
Children-Single Parent Home	33%	40%	
Social Associations	7.6%	15.3%	
Violent Crime	408	69	Per 100,000
Physical Environment		170/243	
Drinking Water Violations		No	
Severe Housing Problems	18%	17%	
Long Commute Alone	37%	49%	

<http://www.countyhealthrankings.org/>



This fact sheet is supported by funding from The School of Community and Rural Health. For more information or to update the information, please contact **The Center for Rural Community Health** at TheCenter@uthct.edu.

Delta County Health Facts*



17%

Use Tobacco**



66.7%

Get Annual Exams



70.7%

Are Insured



37.5%
High Blood Pressure

37.5%
Arthritis

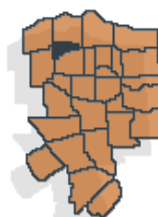
20.8%
Diabetes

Self Reported Diagnosed Conditions

*2016 East Texas Community Health Survey – Produced by UTHSCT

**County Health Rankings

2016 East TX Community Health Survey - Highlights



RHP 1
2,353 Surveys



Delta County
24 Surveys

Priority Health Issues

Diabetes	36.1%	Smoking	45.7%
Obesity (Adults)	38.1%	Diabetes	37.5%
Cancer	36.2%	Heart Disease/Stroke	37.5%
High Blood Pressure	35.5%	Cancer	33.2%
Substance Abuse	32.2%	High Blood Pressure	29.1%

Individuals in Greatest Need

Low Income Groups	35.8%	Unemployed	45.7%
Working Poor	32.4%	Senior Citizens	37.5%
Un/Underinsured	30.7%	Working Poor	29.1%
Persons w/ Mental Illness	30.5%	Low Income Groups	33.2%
Homeless	28.9%	Substance Abuse	29.1%

Services Most Difficult to Access

Mental Health Counseling	16.2%	Specialized Medical Care	25.0%
Health Insurance	15.7%	Eyeglasses	25.0%
Daycare for Adults	15.2%	Pharmacies	20.8%
Medication Cost Assistance	14.3%	Mental Health Counseling	16.6%
Alcohol/Drug Counseling & Treatment	14.3%	Emergency Mental Health Treatment	16.6%