

# Improving Health in NORTHEAST TEXAS

## Gregg County Profile

Gregg County is 273 square miles in size with a population of 123,745 residents. The county seat is Longview, a community of 80,100.

13.3% Rural  
74.7% White  
20.8% Black  
18.6% Hispanic  
84.0% Completed High School  
20.5% Completed a Bachelor's Degree  
\$48,561 Median Household Income  
17.0% Households Live at or Below the Poverty Level

## 2018 County Health Rankings

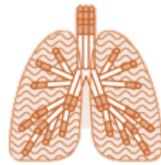
| Health Outcomes                      | TX             | County            |
|--------------------------------------|----------------|-------------------|
| <b>Quality of Life</b>               | <b>190/243</b> |                   |
| Poor Physical Health Days            | 3.5            | 3.8 Days          |
| Poor Mental Health Days              | 3.4            | 3.8 Days          |
| Low Birth Weight                     | 8%             | 8%                |
| <b>Health Behaviors</b>              | <b>227/243</b> |                   |
| Adult Tobacco Use                    | 14%            | 16%               |
| Adult Obesity                        | 28%            | 35%               |
| Physical Inactivity                  | 24%            | 30%               |
| Alcohol Related Driving              | 28%            | 31%               |
| <b>Deaths</b>                        |                |                   |
| Injury Deaths                        | 55             | 67 Per 100,000    |
| STI/STD Rate                         | 523.6          | 712.6 Per 100,000 |
| Teen Births                          | 41             | 59 Per 1,000      |
| <b>Social &amp; Economic Factors</b> | <b>158/243</b> |                   |
| High School Graduate                 | 89%            | 93%               |
| Children in Poverty                  | 22%            | 25%               |
| Children-Single Parent Home          | 33%            | 40%               |
| Social Associations                  | 7.6%           | 14.3%             |
| Violent Crime                        | 408            | 470 Per 100,000   |
| <b>Physical Environment</b>          | <b>226/243</b> |                   |
| Drinking Water Violations            |                | Yes               |
| Severe Housing Problems              | 18%            | 18%               |
| Long Commute Alone                   | 37%            | 21%               |

<http://www.countyhealthrankings.org/>



This fact sheet is supported by funding from The School of Community and Rural Health. For more information or to update the information, please contact **The Center for Rural Community Health** at [TheCenter@uthct.edu](mailto:TheCenter@uthct.edu).

## Gregg County Health Facts\*



**16%**

Use Tobacco\*\*



**69.0%**

Get Annual Exams



**79.9%**

Are Insured



**32.2%**

High Blood Pressure

**19.5%**

Arthritis

**16.8%**

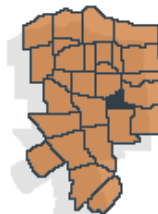
Depression

Self Reported Diagnosed Conditions

\*2016 East Texas Community Health Survey – Produced by UTHSCT

\*\*County Health Rankings

## 2016 East TX Community Health Survey - Highlights



**RHP 1**  
2,353 Surveys



**Gregg County**  
149 Surveys

| Priority Health Issues              |       |                            |       |
|-------------------------------------|-------|----------------------------|-------|
| Diabetes                            | 36.1% | Diabetes                   | 36.8% |
| Obesity (Adults)                    | 38.1% | Obesity (Adults)           | 34.2% |
| Cancer                              | 36.2% | Substance Abuse            | 32.2% |
| High Blood Pressure                 | 35.5% | High Blood Pressure        | 31.5% |
| Substance Abuse                     | 32.2% | Cancer                     | 30.8% |
| Individuals in Greatest Need        |       |                            |       |
| Low Income Groups                   | 35.8% | Homeless                   | 57.0% |
| Working Poor                        | 32.4% | Low Income Groups          | 31.5% |
| Un/Underinsured                     | 30.7% | Persons w/ Mental Illness  | 30.1% |
| Persons w/ Mental Illness           | 30.5% | Working Poor               | 31.5% |
| Homeless                            | 28.9% | Veterans                   | 30.8% |
| Services Most Difficult to Access   |       |                            |       |
| Mental Health Counseling            | 16.2% | Health Insurance           | 24.1% |
| Health Insurance                    | 15.7% | Mental Health Counseling   | 19.5% |
| Daycare for Adults                  | 15.2% | Housing Assistance         | 19.5% |
| Medication Cost Assistance          | 14.3% | Medication Cost Assistance | 16.8% |
| Alcohol/Drug Counseling & Treatment | 14.3% | Healthy Food & Beverages   | 14.1% |