

Improving Health in NORTHEAST TEXAS

Henderson County Profile

Henderson County is 873.7 square miles in size with a population of 79,901 residents. The county seat is Athens, a community of 12,811.

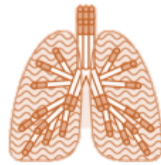
60.1% Rural
89.9% White
6.5% Black
12.1% Hispanic
81.9% Completed High School
16.5% Completed a Bachelor's Degree
\$44,944 Median Household Income
16.1% Households Live at or Below the Poverty Level

2018 County Health Rankings

Health Outcomes	TX	County
Quality of Life	191/243	
Poor Physical Health Days	3.5	4.0 Days
Poor Mental Health Days	3.4	3.8 Days
Low Birth Weight	8%	7%
Health Behaviors	212/243	
Adult Tobacco Use	14%	17%
Adult Obesity	28%	32%
Physical Inactivity	24%	35%
Alcohol Related Driving	28%	26%
Deaths		
Injury Deaths	55	89 Per 100,000
STI/STD Rate	523.6	290.10 Per 100,000
Teen Births	41	46 Per 1,000
Social & Economic Factors	120/243	
High School Graduate	89%	97%
Children in Poverty	22%	27%
Children-Single Parent Home	33%	31%
Social Associations	7.6%	10.9%
Violent Crime	408	336 Per 100,000
Physical Environment	201/243	
Drinking Water Violations		Yes
Severe Housing Problems	18%	16%
Long Commute Alone	37%	39%

<http://www.countyhealthrankings.org/>

Henderson County Health Facts*



17%

Use Tobacco**



70.9%

Get Annual Exams



92.7%

Are Insured



21.8%

High Blood Pressure

20.0%

Obesity

16.3%

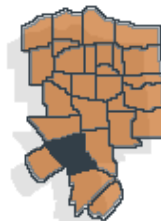
Depression

Self Reported Diagnosed Conditions

*2016 East Texas Community Health Survey – Produced by UTHSCT

**County Health Rankings

2016 East TX Community Health Survey - Highlights



RHP 1
2,353 Surveys



Henderson County
55 Surveys

Priority Health Issues			
Diabetes	36.1%	Substance Abuse	52.7%
Obesity (Adults)	38.1%	Obesity (Adults)	40.0%
Cancer	36.2%	Mental Health	34.5%
High Blood Pressure	35.5%	Aging Problems	32.7%
Substance Abuse	32.2%	High Blood Pressure	21.8%
Individuals in Greatest Need			
Low Income Groups	35.8%	Low Income Groups	43.6%
Working Poor	32.4%	Persons w/ Mental Illness	41.7%
Un/Underinsured	30.7%	Un/Underinsured	30.8%
Persons w/ Mental Illness	30.5%	Substance Abuse	32.7%
Homeless	28.9%	Homeless	21.8%
Services Most Difficult to Access			
Mental Health Counseling	16.2%	Alcohol/Drug Counseling	26.6%
Health Insurance	15.7%	Daycare for Adults	14.5%
Daycare for Adults	15.2%	Mental Health Counseling	14.5%
Medication Cost Assistance	14.3%	Housing Assistance	14.5%
Alcohol/Drug Counseling & Treatment	14.3%	Weight Loss Support	14.5%



This fact sheet is supported by funding from The School of Community and Rural Health. For more information or to update the information, please contact **The Center for Rural Community Health** at TheCenter@uthct.edu.