

# Improving Health in NORTHEAST TEXAS

## Houston County Profile

Houston County is 1,231 square miles in size with a population of 22,754 residents. The county seat is Crockett, a community of 6,544.

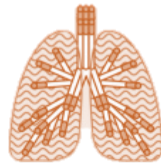
73.4% Rural  
71.9% White  
25.5% Black  
10.6% Hispanic  
82.5% Completed High School  
14.5% Completed a Bachelor's Degree  
\$37,536 Median Household Income  
27% Households Live at or Below the Poverty Level

## 2018 County Health Rankings

	TX	County	
<b>Health Outcomes</b>		<b>196/243</b>	
<b>Quality of Life</b>		<b>210/243</b>	
Poor Physical Health Days	3.5	4.1	Days
Poor Mental Health Days	3.4	3.8	Days
Low Birth Weight	8%	10%	
<b>Health Behaviors</b>		<b>197/243</b>	
Adult Tobacco Use	14%	18%	
Adult Obesity	28%	28%	
Physical Inactivity	24%	29%	
Alcohol Related Driving	28%	17%	
<b>Deaths</b>			
Injury Deaths	55	79	Per 100,000
STI/STD Rate	523.6	294.6	Per 100,000
Teen Births	41	44	Per 1,000
<b>Social &amp; Economic Factors</b>		<b>146/243</b>	
High School Graduate	89%	96%	
Children in Poverty	22%	30%	
Children-Single Parent Home	33%	41%	
Social Associations	7.6%	12.6%	
Violent Crime	408	163	Per 100,000
<b>Physical Environment</b>		<b>211/243</b>	
Drinking Water Violations		Yes	
Severe Housing Problems	18%	16%	
Long Commute Alone	37%	38%	

<http://www.countyhealthrankings.org/>

## Houston County Health Facts\*



**18%**

Use Tobacco\*\*



**50.7%**

Get Annual Exams



**61.2%**

Are Insured



**43.2%**

High Blood Pressure

**23.8%**

Arthritis

**17.8%**

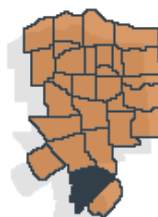
Depression

Self Reported Diagnosed Conditions

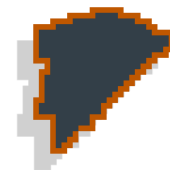
\*2016 East Texas Community Health Survey – Produced by UTHSCT

\*\*County Health Rankings

## 2016 East TX Community Health Survey - Highlights



**RHP 1**  
2,353 Surveys



**Houston County**  
67 Surveys

### Priority Health Issues

Diabetes	36.1%	Diabetes	40.2%
Obesity (Adults)	38.1%	High Blood Pressure	40.2%
Cancer	36.2%	Cancer	37.2%
High Blood Pressure	35.5%	Substance Abuse	28.3%
Substance Abuse	32.2%	Obesity (Adults)	26.8%

### Individuals in Greatest Need

		Persons w/ No Source of Transportation	
Low Income Groups	35.8%	Low Income Groups	29.8%
Working Poor	32.4%	Working Poor	28.3%
Un/Underinsured	30.7%	Unemployed	28.3%
Persons w/ Mental Illness	30.5%	Senior Citizens	26.8%
Homeless	28.9%		

### Services Most Difficult to Access

Mental Health Counseling	16.2%	Transportation Assistance	22.3%
Health Insurance	15.7%	Health Insurance	20.8%
Daycare for Adults	15.2%	Medication Cost Assistance	17.8%
Medication Cost Assistance	14.3%	Mental Health Counseling	16.3%
Alcohol/Drug Counseling & Treatment	14.3%	Specialized Medical Care	14.9%



This fact sheet is supported by funding from The School of Community and Rural Health. For more information or to update the information, please contact **The Center for Rural Community Health** at [TheCenter@uthct.edu](mailto:TheCenter@uthct.edu).