

Improving Health in NORTHEAST TEXAS

Panola County Profile

Panola County is 802 square miles in size with a population of 23,492 residents. The county seat is Carthage, a community of 6,756.

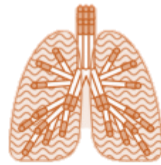
72.7% Rural
80.7% White
15.9% Black
8.8% Hispanic
83.0% Completed High School
12.8% Completed a Bachelor's Degree
\$50,057 Median Household Income
15.1% Households Live at or Below the Poverty Level

2018 County Health Rankings

	TX	County	
Health Outcomes		169/243	
Quality of Life		100/243	
Poor Physical Health Days	3.5	3.6	Days
Poor Mental Health Days	3.4	3.6	Days
Low Birth Weight	8%	9%	
Health Behaviors		173/243	
Adult Tobacco Use	14%	16%	
Adult Obesity	28%	32%	
Physical Inactivity	24%	27%	
Alcohol Related Driving	28%	24%	
Deaths			
Injury Deaths	55	93	Per 100,000
STI/STD Rate	523.6	433.3	Per 100,000
Teen Births	41	47	Per 1,000
Social & Economic Factors		185/243	
High School Graduate	89%	88%	
Children in Poverty	22%	22%	
Children-Single Parent Home	33%	31%	
Social Associations	7.6%	11.4%	
Violent Crime	408	312	Per 100,000
Physical Environment		195/243	
Drinking Water Violations		Yes	
Severe Housing Problems	18%	10%	
Long Commute Alone	37%	33%	

<http://www.countyhealthrankings.org/>

Panola County Health Facts*



16%

Use Tobacco**



71.4%

Get Annual Exams



92.9%

Are Insured



31.3%

High Blood Pressure

27.1%

Obesity

15.6%

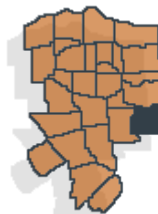
Arthritis

Self Reported Diagnosed Conditions

*2016 East Texas Community Health Survey – Produced by UTHSCT

**County Health Rankings

2016 East TX Community Health Survey - Highlights



RHP 1
2,353 Surveys



Panola County
70 Surveys

Priority Health Issues

Diabetes	36.1%	Cancer	45.7%
Obesity (Adults)	38.1%	Obesity (Adults)	45.7%
Cancer	36.2%	High Blood Pressure	41.3%
High Blood Pressure	35.5%	Diabetes	38.6%
Substance Abuse	32.2%	Substance Abuse	35.7%

Individuals in Greatest Need

Low Income Groups	35.8%	Low Income Groups	48.6%
Working Poor	32.4%	Working Poor	37.1%
Un/Underinsured	30.7%	Persons w/ Mental Illness	37.1%
Persons w/ Mental Illness	30.5%	Un/Underinsured	38.6%
Homeless	28.9%	Senior Citizens	35.7%

Services Most Difficult to Access

Mental Health Counseling	16.2%	Alcohol/Drug Counseling	24.3%
Health Insurance	15.7%	Weight Loss Support	21.3%
		Access to Walking Trails & Sidewalks	21.3%
Daycare for Adults	15.2%	Daycare for Adults	20.0%
Medication Cost Assistance	14.3%	Specialized Medical Care	18.6%
Alcohol/Drug Counseling & Treatment	14.3%		



This fact sheet is supported by funding from The School of Community and Rural Health. For more information or to update the information, please contact **The Center for Rural Community Health** at TheCenter@uthct.edu.