

Date of Pollen and Mold Count:	
Weather Conditions:	L Temp / H Temp:
	Max Humidity:

Pollen & Mold Count Summary – Grains per Cubic Meter of Air				
Allergen	G/CM	Result	Primary Pollen / Mold	
Trees				
Weeds				
Grasses				
Molds				

Note: Pollen & Mold Count Summary should not be totaled. Trees, weeds, grasses, and molds all have different G/CM ranges.

Reading the Summary					
Allergen	G/CM	Result	Level of Symptoms		
Trees	0 - 15	Low	Absent - <u>No</u> symptoms		
	16 - 90	Moderate			
	91 - 1,500	High			
	Greater than 1,500	Very High	Low - Only individuals extremely sensitive to these pollens and molds will experience symptoms		
Weeds	0 - 10	Low			
	11 - 50	Moderate			
	51 - 500	High	Moderate - <u>Many</u> individuals sensitive to these pollens and molds will experience symptoms.		
	Greater than 500	Very High			
Grasses	0 - 5	Low			
	6 - 20	Moderate	High - <u>Most</u> individuals with any sensitivity to these pollens and molds will experience symptoms.		
	21 - 200	High			
	Greater than 200	Very High			
Molds	0 - 900	Low	Very High - Almost all individuals with any sensitivity to these pollens and molds will experience symptoms. Extremely sensitive people could have severe symptoms.		
	901 - 2500	Moderate			
	2501 - 25000	High			
	Greater than 25000	Very High			

Your personal Pollen and Mold Spore count is provided as a service by The University of Texas Health Science Center at Tyler.

Should you have concerns or questions, please contact the Office of Public Affairs at (903) 877-5137.