

Date of Pollen and Mold Count:

Weather Conditions:

L Temp / H Temp:

Max Humidity:

**Pollen & Mold Count Summary – Grains per Cubic Meter of Air**

Allergen	G/CM	Result	Primary Pollen / Mold
Trees			
Weeds			
Grasses			
Molds			

**Note: Pollen & Mold Count Summary should not be totaled.  
 Trees, weeds, grasses, and molds all have different G/CM ranges.**

**Reading the Summary**

Allergen	G/CM	Result	Level of Symptoms
Trees	0 - 15	Low	<b>Absent</b> - <u>No</u> symptoms
	16 - 90	Moderate	
	91 - 1,500	High	
	Greater than 1,500	Very High	
Weeds	0 - 10	Low	<b>Low</b> - <u>Only</u> individuals extremely sensitive to these pollens and molds will experience symptoms
	11 - 50	Moderate	
	51 - 500	High	
	Greater than 500	Very High	
Grasses	0 - 5	Low	<b>Moderate</b> - <u>Many</u> individuals sensitive to these pollens and molds will experience symptoms.
	6 - 20	Moderate	
	21 - 200	High	
	Greater than 200	Very High	
Molds	0 - 900	Low	<b>High</b> - <u>Most</u> individuals with any sensitivity to these pollens and molds will experience symptoms.
	901 - 2500	Moderate	
	2501 - 25000	High	
	Greater than 25000	Very High	
<b>Very High</b> - <u>Almost all</u> individuals with any sensitivity to these pollens and molds will experience symptoms. Extremely sensitive people could have severe symptoms.			

Your personal Pollen and Mold Spore count is provided as a service by  
 The Health Science Center at UT Tyler.

Should you have concerns or questions, please contact  
 Public Affairs at (903) 877-5735.