

Improving Health in NORTHEAST TEXAS

Van Zandt County Profile

Van Zandt County is 842.6 square miles in size with a population of 54,355 residents. The county seat is Canton, a community of 3,836.

75.0% Rural
93.9% White
2.8% Black
10.6% Hispanic
81.5% Completed High School
15.5% Completed a Bachelor's Degree
\$47,252 Median Household Income
15.9% Households Live at or Below the Poverty Level

2018 County Health Rankings

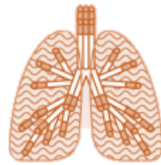
	TX	County	
Health Outcomes		92/243	
Quality of Life		39/243	
Poor Physical Health Days	3.5	3.5	Days
Poor Mental Health Days	3.4	3.6	Days
Low Birth Weight	8%	7%	
Health Behaviors		66/243	
Adult Tobacco Use	14%	15%	
Adult Obesity	28%	28%	
Physical Inactivity	24%	29%	
Alcohol Related Driving Deaths	28%	19%	
Injury Deaths	55	87	Per 100,000
STI/STD Rate	523.6	207.9	Per 100,000
Teen Births	41	37	Per 1,000
Social & Economic Factors		84/243	
High School Graduate	89%	91%	
Children in Poverty	22%	22%	
Children-Single Parent Home	33%	26%	
Social Associations	7.6%	12.3%	
Violent Crime	408	186	Per 100,000
Physical Environment		212/243	
Drinking Water Violations		Yes	
Severe Housing Problems	18%	15%	
Long Commute Alone	37%	48%	

<http://www.countyhealthrankings.org/>



This fact sheet is supported by funding from The School of Community and Rural Health. For more information or to update the information, please contact **The Center for Rural Community Health** at TheCenter@uthct.edu.

Van Zandt County Health Facts*



15%

Use Tobacco**



58.7%

Get Annual Exams



93.5%

Are Insured



23.1%

High Blood Pressure

17.3%

Anxiety

15.1%

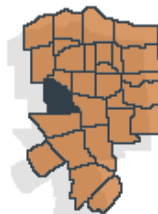
Obesity

Self Reported Diagnosed Conditions

*2016 East Texas Community Health Survey – Produced by UTHSCT

**County Health Rankings

2016 East TX Community Health Survey - Highlights



RHP 1
2,353 Surveys



Van Zandt County
46 Surveys

Priority Health Issues

Diabetes	36.1%	Obesity (Adults)	41.2%
Obesity (Adults)	38.1%	Cancer	34.7%
Cancer	36.2%	High Blood Pressure	34.7%
High Blood Pressure	35.5%	Substance Abuse	32.6%
Substance Abuse	32.2%	Diabetes	23.8%

Individuals in Greatest Need

Low Income Groups	35.8%	Un/Underinsured	34.7%
Working Poor	32.4%	Persons w/ Mental Illness	28.3%
Un/Underinsured	30.7%	Low Income Groups	28.3%
Persons w/ Mental Illness	30.5%	Working Poor	32.6%
Homeless	28.9%	Persons w/ No Social or Emotional Support	23.8%

Services Most Difficult to Access

Mental Health Counseling	16.2%	Hospital Services	19.6%
Health Insurance	15.7%	Health Insurance	17.3%
Daycare for Adults	15.2%	Nutrition Counseling	17.3%
Medication Cost Assistance	14.3%	Access to Bicycle Trails	17.3%
Alcohol/Drug Counseling & Treatment	14.3%	Daycare for Adults	15.1%