

# Improving Health in NORTHEAST TEXAS

## Wood County Profile

Wood County is 645.2 square miles in size with a population of 44,227 residents. The county seat is Quitman, a community of 1,843.

74.2% Rural  
91.5% White  
5.4% Black  
9.6% Hispanic  
84.5% Completed High School  
17.0% Completed a Bachelor's Degree  
\$45,753 Median Household Income  
16.6% Households Live at or Below the Poverty Level

## 2018 County Health Rankings

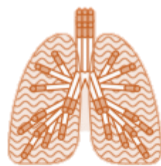
Health Outcomes	TX	County
<b>Quality of Life</b>	<b>35/243</b>	
Poor Physical Health Days	3.5	3.7 Days
Poor Mental Health Days	3.4	3.6 Days
Low Birth Weight	8%	6%
<b>Health Behaviors</b>	<b>53/243</b>	
Adult Tobacco Use	14%	15%
Adult Obesity	28%	29%
Physical Inactivity	24%	29%
Alcohol Related Driving Deaths	28%	13%
Injury Deaths	55	91 Per 100,000
STI/STD Rate	523.6	200.6 Per 100,000
Teen Births	41	37 Per 1,000
<b>Social &amp; Economic Factors</b>	<b>100/243</b>	
High School Graduate	89%	97%
Children in Poverty	22%	23%
Children-Single Parent Home	33%	33%
Social Associations	7.6%	14.3%
Violent Crime	408	150 Per 100,000
<b>Physical Environment</b>	<b>125/243</b>	
Drinking Water Violations	No	
Severe Housing Problems	18%	14%
Long Commute Alone	37%	42%

<http://www.countyhealthrankings.org/>



This fact sheet is supported by funding from The School of Community and Rural Health. For more information or to update the information, please contact **The Center for Rural Community Health** at [TheCenter@uthct.edu](mailto:TheCenter@uthct.edu).

## Wood County Health Facts\*



**15%**

Use Tobacco\*\*



**67.5%**

Get Annual Exams



**85.2%**

Are Insured



**35.2%**

High Blood Pressure

**27.8%**

Obesity

**25.0%**

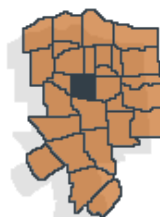
Arthritis

Self Reported Diagnosed Conditions

\*2016 East Texas Community Health Survey – Produced by UTHSCT

\*\*County Health Rankings

## 2016 East TX Community Health Survey - Highlights



**RHP 1**  
2,353 Surveys



**Wood County**  
68 Surveys

### Priority Health Issues

Diabetes	36.1%	High Blood Pressure	41.2%
Obesity (Adults)	38.1%	Substance Abuse	38.2%
Cancer	36.2%	Obesity (Adults)	36.7%
High Blood Pressure	35.5%	Diabetes	32.3%
Substance Abuse	32.2%	Heart Disease/Stroke	32.3%

### Individuals in Greatest Need

Low Income Groups	35.8%	Low Income Groups	41.2%
Working Poor	32.4%	Persons w/ No Source of Transportation	30.8%
Un/Underinsured	30.7%	Working Poor	27.8%
Persons w/ Mental Illness	30.5%	Un/Underinsured	32.3%
Homeless	28.9%	Senior Citizens	32.3%

### Services Most Difficult to Access

Mental Health Counseling	16.2%	Daycare for Adults	23.5%
Health Insurance	15.7%	Medication Cost Assistance	16.1%
Daycare for Adults	15.2%	A list of Health Resources	16.1%
Medication Cost Assistance	14.3%	Housing Assistance	14.6%
Alcohol/Drug Counseling & Treatment	14.3%	Physical Education & Exercise Programs	14.6%